

A mini-revolution is brewing in North America. The approach is called "Quick Start Tennis". It is imported from European countries such as France and Belgium where it was used to successfully develop players like Justine Henin and Oliver Rochus. It uses a systematic progression of court sizes, balls, and racquets, to scale the game down to an appropriate level for 5-10 year olds.

Modified racquets and balls are not new. The equipment has been around for a while, as the "graduated length" concept. Coaches have used bits and pieces for years seeing the advantage from the perspective of success, fun and safety. The difference this time is that all these elements have been brought together.

The power of the Quick Start Program is that it allows the players to play quickly and successfully. The philosophy is that tennis is a fun game and the quicker and more skillfully a player can play the more fun it is. Each stage not only has specific equipment to aid success, but particular skills to develop as well. **The coach's job is to get them to play and help them play better.**

Our next series will start March 16th . It is an 8 week program. Make-ups will be held the week of May 11<sup>th</sup>. All participants must sign up for the full program. Prepayment for the winter class is expected in full.

**QuickStart Level 1** - Half-Court Tennis - Ages 5-7 - is taught for 1 hour.

Class is held Monday 3:30-4:30pm. Cost is \$145.

Cost is \$400 payable in 2 payments. Checks should be dated March 16<sup>th</sup> & April 16<sup>th</sup>.

A \$25 NEW student registration fee is also due with the first payment.

Tournaments for 8 & Under and for 10 & under players will be held every other Sat. The tournament series will culminate with a Masters tournament.

Please check out our intermediate thru elite tennis program at Surf & Turf. Our hope is to take your tennis player from their first stroke to college.

Student Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone Number: \_\_\_\_\_